# Cook Islands Language Word List

| **Cook Islands** | **English** |
|---|---|

## Lesson 1 - Greetings

| | |
|---|---|
| Kia orana | - *Hello* |
| Pe'ea koe? | - *How are you?* |
| Pe'ea korua? | - *how are you two?* |
| Pe'ea kotou? | - *How are you? (more than 2 people)* |
| Meitaki au | - *I'm fine* |
| Meitaki maua | - *We(2 of us)are fine* |
| Meitaki matou | - *We (2 or more people) are fine* |
| Akape'ea koe? | - *How about you?* |
| Kare e meitaki ana | - *Not well* |
| Kinokino | - *Bad* |

## Lesson 2 Farewells

| | |
|---|---|
| 1 teia ra | - *today* |
| 2. manea | - *beautiful* |
| 3. teia | - *this* |
| 4. āe | - *yes* |
| 5. tano rai | - *right* |
| 6. ta'au | - *your* |
| 7. Ka aere au ki… | - *I'm going to…* |
| 8. Ki'ea? | - *where?* |
| 9. aere ra | - *goodbye(as in I stay, you go)* |
| 10. no'o ra | - *goodbye (as in I'm going, you stay)* |

## Lesson 3  Asking one's name and where they from.

| | |
|---|---|
| Ko'ai toou ingoa | - *Whats your name?* |
| No'ea mai koe? | - *Where are you from?* |
| tuatua | - *speak,say,talk* |
| Ka kite koe i te…. | - *Do you know how to…* |
| mānga ua | - *little bit/portion* |
| api'ipi'i | - *learning/practise* |
| meitaki tikāi | - *really good* |
| tēna | - *that(what you have)* |
| tona ingoa | - *his/her name* |

## Lesson 4  Asking for something to drink

| | |
|---|---|
| Ka 'inangaro tauturu au | - *I want help* |
| Ea'a taau ka inangaro? | - *What do you want?* |
| inu | - *drink* |
| vai | - *water* |
| Ka inangaro au i tetai | - *I want a ….* |
| kapu | - *cup* |
| kaope | - *coffee* |
| tauturu | - *help* |
| varaoa | - *bread* |
| ngā mea e rua, ine | - *with both, please* |

## Lesson 5 What's your name?/how old are you/family members

| | |
|---|---|
| E'ia ōou mataiti? | - *How old are you?* |
| ta'i nga'uru | - *ten* |
| ngā metua | - *parents* |
| tua'ine | - sister |
| rāua | - *them (referring to 2 people)* |
| tungāne | - *brother* |
| pera katoa | - *also* |
| Āe | - *Yes* |
| ōna | - *his/her* |
| 'itu | - *seven* |

## Lesson 7 Need help/about sports

| | |
|---|---|
| 'akateateamamao | - *prepare* |
| tipōti | - *sport* |
| pōro | - *ball* |
| 'apai | - *bring* |
| kanga | - *play* |
| ketepōro | - *netball* |
| pāpōro tēniti | - *tennis* |
| Kāre au e ketepōro ana | - *I don't play netball* |
| Ka tauturu māua iākoe | - *We (two of us) can help you* |

## Lesson 8  Asking where one is going/buying

| | |
|---|---|
| pōpongi | - *morning* |
| toa | - *shop* |
| āru | - *follow* |
| Aere mai ra! | - *Come then!* |
| mōtoka | - *car* |
| runga | - *up* |
| Ea'a tāau ka 'oko? | - *What are you going to buy?* |
| teata | - *movie* |
| pona | - *dress* |
| pātikara | - *bike* |

## Lesson 9  Understanding and Repeating

| | |
|---|---|
| Ka raveia te 'uipaanga ki ko ite… | - *The meeting will be held at the…* |
| ōro o te api'i | - *school hall* |
| mārama | - *understand* |
| ripīti 'akaōu koe | - *you repeat again* |
| mārie | - *slow* |
| teianei | - *this time/now* |
| Ka tuatua 'aka'ou au | - *I will say it again* |
| Kua mārama au | - *I understand* |
| tu'e pōro | - *football* |
| 'akarongo | - *listen* |

## Lesson 10 - Money

| | |
|---|---|
| Teiʻea tāku moni? | - *Where is my money?* |
| Teiʻea tāʻau moni? | - *Where is your money?* |
| Eʻia āʻau moni? | - *How much money have you got?* |
| roto | - *in* |
| pūtē | - *pocket* |
| kātoatoa | - *altogether.ʻ* |
| ʻoake atu | - *give to you* |
| ʻoake mai | - *give to me* |
| varu tārā | - *eight dollars* |
| E rua āku tārā. | - *I have two dollars* |

## Lesson 11 - Days of the Week

| | |
|---|---|
| Mōnite | - *Monday* |
| Ruʻirua | - *Tuesday* |
| Ruʻitoru | - *Wednesday* |
| Paraparau | - *Thursday* |
| Varaire | - *Friday* |
| Maʻanākai | - *Saturday* |
| Sābati | - *Sunday* |

## Lesson 12 - What day of the Week?.

| | |
|---|---|
| Ea‘a teia ra? | - *Whats today?* |
| E Monite teia ra | - *Today is Monday.* |
| A‘ea tatou e aere ei kite...? | - *When are we going to the ....?* |
| kō | - *dig* |
| one kai | - *vegetable garden* |
| Ā te Ru‘itoru | - *On Wednesday* |
| taote | - *Doctor* |
| pa‘a | - *might* |
| tōku manako | - *I think* |
| ‘aremaki | - *hospital* |

## Lesson 13 - Asking what he/she had done to the other

| | |
|---|---|
| Ea‘a tāna i rave? | - *What did he/she do?* |
| ngūtupa | - *door* |
| tāpiri | - *shut/closed.* |
| tu‘e | - *kick.* |
| pe‘i | - *throw.* |
| toka | - *stone/rock.* |
| Auraka e ‘akapēra | - *Don’t do that* |
| rutu | - *hit* |
| tū | - *behaviour* |
| Kāre tēra ite ‘apinga meitaki | - *That is not a good thing* |

## Lesson 14 – What are you doing? & What is he/she doing?

| | |
|---|---|
| Te aʻa ra koe? | - *What are you doing?* |
| Te aʻa ra aia? | - *What is he/she doing?* |
| ʻorei | - *wash* |
| au mereki | - *dishes* |
| ʻatuʻatu | - *fold* |
| au kakaʻu | - *clothes* |
| tātā | - *writing* |
| tunukai | - *cooking* |
| tāma | - *cleaning* |
| piʻa moe | - *bedroom* |

## Lesson 15 – Twins and their differences.

| | |
|---|---|
| āiteite | - *same/identical* |
| moana | - *blue* |
| muramura | - *red* |
| ʻākono | - *take care/ look after* |
| ʻinangaro rava atu | - *favourite* |
| ʻapinga ravarai | - *everything* |
| I tetaʻi taime .. | - *sometimes* |
| mako kore | - *untidy/careless* |
| venevene | - *sweet* |
| vai anu | - *cold water/cold drink* |

## Lesson 16 – Family members (sisters)

| | |
|---|---|
| kikite | - *cunning/smart/clever* |
| ‘akarongorongo | - *listen* |
| ‘ākarakara | - *watch* |
| ‘ēkoko | - *doubt* |
| ‘u‘una | - *hide* |
| pirikoti | - *skirt* |
| ‘ōpara | - *push* |
| kāparāta | - *cupboard* |
| matepongi | - *hungry* |
| ‘āngai | - *feed* |

## Lesson 17 – Looking for your property.

| | |
|---|---|
| Ka ‘aere koe ka a’a? | - *What are you going to do?* |
| kimi | - *Look for/ find* |
| tauta | - *try* |
| tei muri | - *behind/back* |
| i mua ake.... | - *before* |
| ‘ora toru | - *3 o’clock* |
| kāparāta tāmaka | - *shoe cupboard* |
| ‘apai | - *take* |
| tāmaka ‘oro | - *running* shoes |
| to’u | - *point* |

## Lesson 18 – Time Management.

| | |
|---|---|
| Ea'a te ora? | - *What is the time?* |
| 'akamata | - *start/begin* |
| ora iva | - *nine o'clock* |
| I reira 'akaoti.. | - *Then finish off* |
| nūmero | - *number* |
| 'akamutu | - *finish/end* |
| ora ono | - *six o'clock* |
| Āru atu | - *followed by* |
| Na mua | - *Firstly will be* |
| āpa no te ora nga'uru mā rua | - *half past 12* |

## Lesson 19 – A gift and what is made of.

| | |
|---|---|
| 'apinga aro'a | - *gift/present* |
| 'ei kaki | - *necklace* |
| ma'ani'ia | - *made of* |
| rikiriki | - *small* |
| pore'o | - *shell* |
| tū | - *type* |
| ma'ata'anga | - *mostly* |
| teatea | - *white* |
| rengarenga | - *yellow* |
| teta'i pae | - *some(of it)* |

## Lesson 20 – Tenses.

| | |
|---|---|
| purūmu | - *sweep* |
| tui | - *sewing* |
| topa | - *fall* |
| tāki | - *lift* |
| ta'atai | - *beach* |
| āravei | - *meet* |
| kite | - *know* |
| mā'u | - *wet* |
| katakata | - *smile* |
| roka | - *lock* |